

CYCA PHARWOMEN

For More Self Love



Pharmed Lotus
3ehdash



Advanced Phytotherapeutic Support for Women's Endocrine & Vitality Management

Pharmaceutical Form: Oral Tablets | Pack: 30 Tablets

Ingredients

- Maca extract
- Guarana extract. (Containing 105mg caffeine)
- Zinc
- Vitamin B12
- Vitamin B2
- Vitamin B6
- Selenium



Key Benefits & Clinical Applications

CYCAPHARWOMEN is a scientifically driven natural formulation designed to restore physiological equilibrium and manage hormonal transitions. It is indicated for:

Management of Menopausal Transitions: Provides relief for women in peri/post-menopausal period by addressing psychological distress and vasomotor symptoms (e.g., hot flashes and sleep disturbances).

- **Support for Sexual Health:** Clinically reported to significantly increase sexual desire, arousal, and satisfaction (based on FSFI scores) in women experiencing sexual dysfunction.
- **Cognitive & Metabolic Energy:** Alleviation of mental fatigue and enhancement of alertness for high-performance or stressfull lifestyles.
- **Bone Density Maintenance:** Supports bone mineralization and may contribute to a noticeable increase in bone density over 4-8 months of consistent use.

Key Active Components & Standardization

- **Standardized Maca Extract (Lepidium meyenii):** Contains Macamides and Maca alkaloids standardized to ensure a consistent concentration of active metabolites for reliable clinical efficacy.
- **Standardized Guarana Extract (Paullinia cupana):** Provides a controlled source of natural caffeine (Guaranine) to enhance cognitive activation and metabolic energy.
- **Antioxidant & Mineral Complex:** A potent blend of Zinc, Selenium, and Vitamin E that provides a robust shield against oxidative stress, protecting reproductive cells and supporting the maintenance of skin, hair, and nails.

Proposed Mechanism of Action

1. **Endocrine Modulation (Non-Hormonal):** Adaptogenic components stimulate the body's endogenous system to regulate the hypothalamic-pituitary-ovarian (HPO) axis, helping to balance estrogen and progesterone without introducing exogenous hormones.
2. **Neuromodulation :** Macamides and Maca alkaloids modulate neural signaling pathways (DA/GABA/ACH) to alleviate symptoms of anxiety, depression, and irritability.
3. **Vascular Support:** Synergistic ingredients promote healthy blood flow and Nitric Oxide (NO) metabolism, enhancing peripheral circulation essential for both sexual function and cognitive activation.

Clinical Parameters	Key findings	Reference No.
Psychological Health	Significant Reduction in depression and blood pressure in postmenopausal women	1, 2
Sexual Function	Improved FSFI scores and sexual dysfunction measures independent of estrogen or androgen levels	2, 3, 17
Hormonal Balance	Clinical balancing effect observed in early-postmenopausal women regarding physiological responses	4, 10
Cognitive Performance	Improved mental fatigue and cognitive performance following multi-vitamin and Guarana supplementation	14, 27

Safety Profile & Precautions

- **General Safety:** A non-hormonal therapeutic preparation with a high safety threshold; it does not induce the adverse effects often associated with synthetic hormone replacement.
- **Blood Pressure Stability:** Formulated for daily use with no reported significant blood pressure fluctuations in pilot clinical studies.
- **Cardiovascular Caution:** Due to the standardized Guarana-derived caffeine, use with caution in patients with severe hypertension, cardiac arrhythmias, or high sensitivity to stimulants.
- **Reproductive Health Support:** Antioxidant properties (Zinc/Selenium) protect cells from oxidative stress and chemical insults.

Clinical References

1. Stojanovska, L. et al. (2014). "Maca reduces blood pressure and depression, in a pilot study in postmenopausal women." Evidence-Based Complementary and Alternative Medicine.
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